

## MOSQUITO CONTROL MEASURES



The use of personal protective measures is the most effective form of freedom from annoyance and disease caused by mosquitoes known.

Personal Protective Measures Include:

- Knowing when the mosquitoes in your area are active seasonally and at what time of the day they seek blood meals.
- When adult mosquitoes are present and active, avoid outdoor activities.
- If you must be outside during the time mosquitoes are biting, minimize the amount of skin you expose to mosquitoes. Wear long sleeved shirts or blouses, and trousers or slacks with legs that reach to your shoes.
- In the early spring, before adult mosquitoes are present, check and repair window and door screens. If doors lack screens, install them.
- If mosquito biting is likely to be especially heavy, apply a mosquito repellent to exposed skin. Use an EPA registered repellent that contains DEET.
- If you are a camper, consider sleeping under a bed net during mosquito season, or use a tent with full netting. Repellents containing permethrin can be sprayed on your netting or clothes, but not directly upon the skin.
- Inspect your yard for sources of standing water. Do not permit water to remain for periods longer than a few days.



**Montgomery County, Kansas**  
**Environmental Health Department**  
**Telephone (620) 330-1190**